



**SPRING BRANCH MEMORIAL
SPORTS ASSOCIATION
(SBMSA)**

COVID-19 POLICY

1. PURPOSE AND SCOPE 2

2 GOVERNING BODIES 2

2.1 Centers for Disease Control and Prevention (CDC)..... 2

2.2 UIL 2

2.3 The State of Texas 2

2.4 SBISD 2

3 RETURNING TO PARTICIPATION 2

4 ROLES AND RESPONSIBILITIES 3

4 REPORTING REQUIREMENTS 4

5 PRE-PRACTICE / PRE-GAME CHECKLIST 4

6 SBMSA FACILITY REQUIREMENTS..... 5

7. DEFINITIONS 5

1. Purpose and Scope

This policy is applicable to all Spring Branch Memorial Sports Association (SBMSA) sports programs and is intended to establish Policy, Protocols, Procedures, Roles, and Responsibilities regarding COVID-19.

2 Governing Bodies

SBMSA will consider rules and recommendations from the Centers for Disease Control and Prevention (CDC), University Interscholastic League (UIL), State, the State of Texas, and/or our partner Spring Branch Independent School District (SBISD).

2.1 Centers for Disease Control and Prevention (CDC)

SBMSA will consider rules and recommendations from the CDC Guidelines for Youth Sports and Minimum Recommended Health Protocols.

See CDC Web Page for additional details [here](#) and [here](#).

2.2 UIL

SBMSA will consider applicable 2020-2021 UIL COVID-19 Risk Mitigation Guidelines. See UIL Risk Mitigation Guidelines for additional details [here](#).

2.3 The State of Texas

SBMSA will consider Executive Orders and Minimum Standard Health Protocols outlined by Texas Department of State Health Services (DSHS).

See Texas Department of State Health Services (DSHS) "Opening the State of Texas" for additional details [here](#).

2.4 SBISD

SBISD is a valued partner of SBMSA. As such, SBMSA will consider relevant SBISD policies as outlined [here](#).

3 Returning to Participation

Individuals, including coaches, players, officials, families, etc. should stay home if they have tested positive for, had close contact with an individual with symptoms or a positive test, or are showing COVID-19 symptoms.

3.1 Individuals Who Have Had Close Contact

Fully Vaccinated OR Individuals Recovered from COVID-19 within the last three months

If not showing symptoms, they may return to participation immediately.

Unvaccinated OR Individuals that have not Recovered from COVID-19 within the last three months

Individuals with a **known exposure*** may return to participation when:

- Quarantined for five days; OR
- Received one negative test result which was performed NOT sooner than 72 hours since the last exposure; OR
- Received a medical professional's note clearing them for return based on a COVID-19 free diagnosis.

Individuals with a **possible exposure** (< 6 feet for 15 or more minutes) ****** may return to participation when:

- Quarantined for three days

*Direct exposure to respiratory secretion, caring for a person who has COVID-19, or living with a person who has tested positive for COVID-19.

** Data to inform the definition of close contact are limited. Factors to consider when defining close contact include proximity, the duration of exposure (e.g., longer exposure time likely increases exposure risk), and whether the exposure was to a person with symptoms (e.g., coughing likely increases exposure risk)... Data are insufficient to precisely define the duration of time that constitutes a prolonged exposure. Recommendations vary on the length of time of exposure, but 15 minutes of close exposure can be used as an operational definition. Brief interactions are less likely to result in transmission; however, symptoms and the type of interaction (e.g., did the infected person cough directly into the face of the exposed individual) remain important.

3.2 Individuals Who Think or Know Had COVID-19

Individuals who think or know they had COVID-19 and had symptoms may return to participation after:

- At least 5 days since symptoms first appeared; **AND**
- At least 24 hours with no fever without fever-reducing medication; **AND**
- Symptoms have improved; **AND**
- A mask is worn for 5 days when around others

Individuals that tested positive for COVID-19 but had no Symptoms may return to participation after 5 days have passed with the continuation of no symptoms **AND** 5 days have passed since the positive test **AND** a mask is worn for 5 days when around others.

4 Roles and Responsibilities

4.1 SBMSA

- SBMSA will assign an COVID-19 Point of Contact for each sport
- The SBMSA Point of Contact will coordinate all communications and decisions related to potential COVID-19 exposures
- The SBMSA Point of contact will be a reference for any COVID-19 related questions.
- The SBMSA Point of Contact will work with Coaches, Officials, Parents, Vendors, and Spectators to promote COVID-19 protocols are being followed

4.2 Coaches

- Ensure that their teams players and parents understand and follow COVID-19 protocols

4.3 Parents

- Perform the Pre-practice / Pre-Game Checklist before their child participates in team activity

4 Reporting Requirements

4.1 Parents

- Notify their child's coach immediately if their child develops COVID-19 symptoms, tests positive for COVID-19, or comes into close contact with an individual that has tested positive for COVID-19 or is showing COVID-19 symptoms.

4.2 Coaches

- Notify the SBMSA Point of Contact immediately if one of their players develops COVID-19 symptoms, tests positive for COVID-19, or comes into close contact with an individual that has tested positive for COVID-19 or is showing COVID-19 symptoms.
- Work with SBMSA to notify his or her team in the event one of their players develops COVID-19 symptoms, tests positive for COVID-19, or comes into close contact with an individual that has tested positive for COVID-19 or is showing COVID-19 symptoms.

4.3 SBMSA

- SBMSA's Point of Contact will notify any coaches and officials if they or their players have come into close contact with any individuals who have tested positive for COVID-19 or is showing COVID-19 symptoms.

5 Pre-practice / Pre-Game Checklist

To participate in Practice or games you and your child must be able to answer NO to all the questions. Practice and Games are optional. Your player should never participate if he or she is not feeling well.

- Have you or your child been in close contact with a person who is/was positive for COVID-19 in the last week? See section 3.1.
- Does your child or anyone in your home have a new or worsening cough or shortness of breath/difficulty breathing?
- Does your child or anyone in your home have a fever great than 99.9 degrees?
- Does your child or anyone in your home have at least two of the following: chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, diarrhea?

If you have answered NO to all 4 screening questions, you may be safe to participate in activities. Please note that all players must bring their own water in a large bottle or jug (no sharing water or food).

6 SBMSA Facility Requirements

- Spectators should attempt to maintain at least 6 feet social distancing from individuals not within their spectator’s group.
- Individuals should attempt to not be in a group larger than 10 individuals. Within these groups, individuals should, to the extent possible, minimize in-person contact with others not in the individual’s household. Minimizing in-person contact includes maintaining 6 feet of separation from individuals when not utilizing a face covering.
- Concession stands will operate under the CDC’s & UIL guidelines

7. Definitions

Abbreviation	Definition
CDC	Centers for Disease Control and Prevention
DSHS	Texas Department of State Health Services
SBISD	Spring Branch Independent School District
SBMSA	Spring Branch Memorial Sports Association
UIL	University Interscholastic League